



Association for Family &  
Systemic Psychotherapy

# Approved Supervisors List CPD Policy Requirements

**Effective from: 20th April 2026**

**[www.theafsp.org](http://www.theafsp.org)**

Supervisors approved by AFSP will be recommended to the UKCP Directory of Approved Supervisors, details of whom can be found in the member's area of the UKCP website. Approved Supervisors are required to be practicing family and systemic psychotherapist and hold current UKCP registration. Re-accreditation to the Approved Supervisor List will take place within a 5-year period. For those that are UKCP Registered via AFSP for their Clinical Practice, AFSP will ensure that the cycle for CPD re-accreditation ties in with UKCP registration CPD review process so that this does not increase burden or expense for psychotherapists.

## Supervisor CPD Requirements

- a. Specific supervision of supervision at least 4 times a year for a minimum of an hour. This can be part of the minimum required supervision hours (i.e. 12 hours per year) for registration as a psychotherapist but must be dedicated to supervision. The minimum four-hours of supervision of supervision should be from someone who is a practicing UKCP registered Family Therapist post 3 years qualified. This can be done as a peer group activity but may require external consultation as per AFSP's CPD policy.
- b. Attendance at CPD events specifically focused on supervision twice during the 5-year period. This can be part of the requirement for registration as a psychotherapist.
- c. Completion of a form which lists CPD activities and a short statement of 250-500 words on supervisory development during the past 5 years, so since last review.
- d. For those who are supervising UKCP registered Family and Systemic Psychotherapists please refer to section 5.c of the CPD policy regarding registration requirements.
- e. If supervisors carry out on-line supervision, it is highly recommended they have the training and experience to adapt their supervisory practice to this medium and adhere to all AFSP and UKCP guidelines.

The Registration Committee will review the submissions and if requirements are not met then a plan of action will be made in collaboration with the committee. Failure to do this could lead to removal from the Approved Supervisor List. Successful complaints against a therapist will automatically lead to a review of supervision status by the Registration Committee.

Chair of Registration Committee