



There will come the time when retirement starts to beckon; what are the implications for you in practice as your own journey begins?

The following guidance will help you with your own personal planning and preparation.

UKCP Pre-retirement Add-on

To support you as you wind down your clinical hours, the UKCP offer a Pre-retirement Add-on. This add-on is available for those intending to retire from all clinical practice within 2 years.

Benefits for the add-on include a reduced registration fee from UKCP and being exempt from any UKCP random audits or AFSP reaccreditation process whilst the add-on is applied.

The pre-retirement add-on lasts for a maximum of two years and can only be applied for and received by a member once. During this two-year period, you will remain on the UKCP register as a clinical member, but you will not need to pay the full clinical membership fee, instead you will pay a reduced registration fee. You will also be exempt from any UKCP random audits or AFSP reaccreditation process whilst the add-on is applied however you will need to maintain your supervision and CPD activity requirements (12hrs/annum and 18hrs/annum respectively).

After two years as a full clinical member with the pre-retirement add-on, you will be offered UKCP's retired membership grade. You can move to the Retired grade at any point during the two years if you finish your clinical practice earlier.

In the event that you decide not to retire at the end of the two years, you can move back to a full clinical membership however you will be asked to repay the discount you received on your full clinical membership fee while the add-on was applied. You will also be required to pay a £50 re-instatement fee and complete your reaccreditation application with AFSP if your CPD was due for reaccreditation during the period when the add-on was applied.

There are various avenues to apply for the add-on depending on the date of your last reaccreditation date. Further information on this can be found on the UKCP website [here](#).

Retired Membership

Once you are fully ready to retire, you can apply for the AFSP and/or UKCP retired membership category.



Association for Family &
Systemic Psychotherapy

Preparing for Retirement

Benefits of AFSP Retired Membership include:

- The [bi-monthly magazine, Context](#) - the magazine for family therapy and systemic practice (also available online)
- Journals:
 - The quarterly [Journal of Family Therapy](#) (online access)
 - Australian and New Zealand Journal of Family Therapy (online access)
 - Journal of Marital and Family Therapy (online access)
- A [UK-wide network of local branches](#) and workshops
- [An annual conference](#) - subsidised for members
- Regular online webinars
- Members only access to [additional online resources](#) to support professional development
- Access to the [list of AFSP Approved Systemic Supervisors](#)
- Range of information sheets covering issues of practice
- Jobs, training and events advertisement information.

If you would like to become a retired member of AFSP, please contact the membership team at hello@theafsp.org

Benefits of UKCP Retired Membership include:

- Free subscription to New Psychotherapist
- Access to video archive of UKCP webinar series
- Access to The European Journal of Psychotherapy and Counselling
- Reduced event/conference ticket prices

Learn more about the UKCP Retired Membership category [here](#)

UKCP Non-clinical Membership

The non-clinical membership category was introduced by the UKCP to enable individuals to remain, members of the UKCP, even if they were only doing supervision, consultation and/or training.

To be recommended for non-clinical membership, you need to make the transfer request whilst you are still on the UKCP register. The non-clinical membership allows you to remain on the UKCP and AFT list of approved supervisor's lists.



If you have previously had the pre-retirement add-on and decide to go for a non-clinical membership, you will be required to pay back the discount you had on the UKCP membership fee for pre-retirement, plus a £50 admin fee.

You cannot transfer from UKCP retired membership to non-clinical membership.

Whilst you are recommended for non-clinical membership via AFSP, you must fulfil CPD requirements and submit documents for reaccreditation on a five-year basis, but it is a lot less than registered members submit.

If you become a non-clinical member of UKCP, you will be able to remain on the UKCP Supervisor Listing along with the AFSP Approved Supervisor List.

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Can I continue being listed as a supervisor post-retirement?

If you have been listed for 10 or more years on the AFSP directory of approved supervisors and you intend to continue to offer supervision but want to cease your UKCP membership in its entirety, you can choose to do so. To remain as an AFSP Approved Supervisor, you will need to ensure you retain your AFSP membership (this can be as a retired member). You must also maintain all supervisor CPD requirements (attending CPD events pertaining to supervisory practice, supervision of supervision, etc) and submit a reaccreditation form on a 5 yearly basis.

Please be advised that remaining on the AFSP directory of approved supervisors does not mean your listing with the UKCP will be maintained. If you would like to remain on both the AFSP supervisor listing and the UKCP supervisor directory, you will need to apply for a non-clinical UKCP membership as noted above. As mentioned above, you can apply for a non-clinical membership with the UKCP to remain on their supervisor listing.