



Association for Family &
Systemic Psychotherapy

North East AFSP branch report

2026 AGM

Report period: 1st January 2025 to 31st December 2025

Branch: North East

Chair: Justin Woodward-Court

Committee members: Daniel O'Neill (secretary), Lisa Evans (treasurer)

Address where meetings generally held: Online

Meeting frequency: Every 2 months

Date of last branch AGM:

Review of activities during the last 12 months and plans for the next 12 months

Training

Every branch meeting includes a CPD section, discussing pre-distributed material relating to systemic theory and practice.

The branch have 2 workshops planned for this year (2026):

Dr Elspeth Webb, Alix Bowler, Dr Heidi Alander

Friday May 22 2026, Acklam Centre, Middlesborough

'Neuro-affirmative systemic practice – How do we bridge the gaps and break down the barriers for autistic children, young people and their families accessing our services?'

The branch has been in contact with Dr Ged Smith about facilitating a workshop in November 2026. In addition, we are starting to approach potential facilitators for the 2027 workshops.

General comments

The current committee are approaching three years in their roles. They are encouraging the idea of shadowing opportunities for other branch members, in order for members with an interest in committee functions to have the opportunity to observe/participate in this, in order to understand the tasks involved.