



Association for Family &
Systemic Psychotherapy

Cymru AFSP branch report

2026 AGM

Report period: 1st January 2025 to 31st December 2025

Branch: Cymru

Chair: Charlie Chapman

Committee members: Victoria Jones (treasurer), Ren Rockwood (secretary), Clare Cribb (trustee/board member/Wales rep), Michele Ryan (Independent), Feliz Celik, Catherine Chapman, Sue King, Steven Riley, Leah Salter.

Address where meetings generally held: Online – Teams

Meeting frequency: Monthly

Date of last branch AGM: January 2026

Review of activities during the last 12 months and plans for the next 12 months

A Spring newsletter has been shared to the AFSP Cymru mailing list and we plan to send out at least one other newsletter this year. The newsletter contains news re: people involved in the FSP (family and systemic psychotherapy) community in Wales, CPD events and about the AFSP committee. It invites participation from members.

The committee meet monthly online and this year we will continue to support the subgroup which is working to enhance and expand the contribution of systemic psychotherapists within the NHS and public sector.

There is a hope to plan an in-person all Wales CPD event which may be run in conjunction with another organisation or organisations for relational psychotherapy in Wales.

We will continue to link with training providers to help AFSP Cymru members be aware of CPD opportunities, and to consider joined-up responses to consultations (e.g. NHS, Welsh Government) in order to raise the profile of FSP in Wales.