



Association for Family &  
Systemic Psychotherapy

# Registration committee report

## 2026 AGM

**Report period:** 1st January 2025 to 31st December 2025

**Committee:** Registration

**Chair:** Christiana Young

**Committee members:** Paul Anthony, Corale Bogle-Virtue, Ros Draper, Renata Gorska, Fawzia Kauser, Denis Lee, Mary O'Neill

**Retiring members within period:** Judith Lask

## Review of activities during the last 12 months

The registration committee operated throughout 2025, with members working in pairs on a monthly basis to review incoming applications. Between 1st January 2025 and 31st December 2025, the committee reviewed 426 applications across ten different categories. The total number of applications reviewed during this period is outlined below, grouped by application type.

- 285 Continuing professional development
- 101 Qualifying
- 18 Approved supervisor
- 3 APEL UK
- 8 APEL Overseas
- 6 Re-registration
- 1 Family Therapy Association Ireland Memorandum of Understanding
- 2 IFT to AFSP transfer
- 1 European Certificate of Psychotherapy
- 1 APEL approved supervisor

The registration policy was updated to strengthen governance and alignment with professional standards.

All registration forms were finalised for the digitalisation process and stress testing commenced to support the launch of the upcoming new website.

The committee liaised with UKCP to formalise continuing professional development (CPD) requirements for non-clinical membership.

In October 2025 Christiana Young who had been interim chair since December 2024 was voted in as chair and the position of vice chair remains open.

## Plans for the next 12 months

We plan to engage AFSP members via a newsletter to encourage reflection on evolving professional practice, including working with UK-based clients whilst living overseas through online platforms and specialist or niche practices that may fall beyond the systemic psychotherapy modality. The aim is to support ethical, appropriately insured, and professionally compliant practice, with guidance developed for the membership if approval is granted by the AFSP board.

To continue advertising for AFSP members from diverse backgrounds and across all career stages – from newly qualified to later career with experience of being registered via AFSP with UKCP, to join the committee as members or APEL panellists and support our work.

## General comments

The committee continues to demonstrate a strong commitment to the public and AFSP membership by exceeding expectations and carefully reviewing an increasing number of monthly applications.