



Association for Family &
Systemic Psychotherapy

Course accreditation and development (CRED) committee report

2026 AGM

Report period: 1st January 2025 to 31st December 2025

Committee: Course accreditation and development (CRED)

Chair: Marie McGovern

Members: Clare Cribb (board representative), Heleni Andreadi, Yvonne Ayo, Marion Dixon, Donna Gooding, Abi Jordan, Joan Lewis, Sarah Helps, Marie McGovern, Caroline Waugh, Claudia Zitz

Retiring members within period: Sara Barratt, Chip Chimera, Myrna Gower, Esther Usiskin Cohen, Jeanne Ziminski

Supported by panellists in 2025: Sara Barratt, John Burnham, Chip Chimera, Judith Lask, Annie Turner, Jeanne Ziminski

Supported by accreditations administrator: Louisa Tilston

Review of activities during the last 12 months

During 2025 the course accreditation and development committee (CRED) have been pleased to confirm the accreditation of nineteen courses as meeting our standards in training the systemic practitioners and systemic psychotherapists of the future.

The committee has maintained monthly committee meetings, increased from quarterly meetings in 2019 to continue the progression of accreditations and aim to reduce waiting times for courses which remain lengthy. The waiting list for accreditation was in part an effect of the unprecedented increase in numbers of new courses, particularly those embedded in clinical psychology training. This is excellent news for the spreading of systemic theory and practice to a wider audience of health and social care professionals with seven new trainings accredited in 2025.

The committee and associated panellists have maintained a constant level of accreditation work with each course receiving the highest standards of review so that students and trainers can be assured that these are attained.

In addition to the ongoing work of training course accreditation CRED committee members have been active in the training standards review process and also respond to queries on training and offer consultation, advice and support to new courses.

Plans for the next 12 months

In addition to ongoing accreditation work and our contribution to the training standards review, the CRED committee are also reviewing processes to these and reduce the significant administrative effort of courses and accreditation panels. In this we aim to increase the efficiency and target our professional resources so generously volunteered to supporting, advising, undertaking and confirming accreditations.

We are also developing policy to increase peer participation in the accreditation process and increase the student perspective and voice in course development.

We have been delighted to recruit new committee members and now aiming to fill the gaps left by retiring members to both sustain our numbers and increase and diversify representation of trainers in CRED.

General comments

As chair of CRED I extend my most grateful thanks to the committee members and panellists for their ongoing accreditation work and their contribution to training through this.

We are sad to say good bye but take this opportunity to celebrate the contribution of members leaving CRED who have all made major contributions to training and to AFT/AFSP; Myrna Gower, Esther Usiskin Cohen, Jeanne Ziminski, Sara Barratt and Chip Chimera.

Lastly ongoing thanks to our office staff, especially Louisa Tilston for all of her work during this busy year.