



Association for Family &
Systemic Psychotherapy

West Country AFSP branch report

2026 AGM

Report period: 1st January 2025 to 31st December 2025

Branch: West Country

Chair: Chloe Constable

Committee members: Kate Bird (treasurer), Anna Strudwick (secretary), Marion Dixon (membership), Liz Curtis (branch rep), Philippa Beale, Anne Lion, Jon Ruchpaul, Shan Tate

Address where meetings generally held: Online

Meeting frequency: Committee meetings every 6-8 weeks, CPD events 3-4 per year

Date of last branch AGM: 13th May 2025

Review of activities during the last 12 months and plans for the next 12 months

Our main CPD event in 2025 was a workshop in June presented by Erica Pavord and other local colleagues on the topic of NVR and its application across a variety of service contexts.

This year we are returning to the Bath City Farm in June for a half day workshop with Jon Ruchpaul, Anna Strudwick and Rob Moore who run a weekly family therapy sessions there for people accessing secondary care mental health services in BaNES. The workshop will provide an update on the collaboration with the farm and highlight the development of eco-systemic practice as part of the team's work with families.

Later in the year we have a further CPD event planned with a focus on systemic practice in social work.

More generally we have our AGM booked for 17th June and plan to spend time in this meeting considering how we can encourage new members to join the committee and support local activities.