

REGISTERED COMPANY NUMBER: 03018026 (England and Wales)
REGISTERED CHARITY NUMBER: 1063639

TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2025
FOR
ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2025**

	Page
Reference and Administrative Details	1
Trustees' Report	2 to 4
Independent Examiner's Report	5 to 6
Statement of Financial Activities	7
Statement of Financial Position	8 to 9
Statement of Cash Flows	10
Notes to the Statement of Cash Flows	11
Notes to the Financial Statements	12 to 21
Detailed Statement of Financial Activities	22 to 23

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST DECEMBER 2025**

Directors and Trustees during the year

S Fahri	
J Izagaren	
S Rashid	(Resigned 2nd June 2025)
S Cornwell	
A Goodman	(Resigned 10th November 2025)
H Hammond	(Resigned 14th February 2025)
P Kaur	Chair
Y Rose	
B Siddiqi	
C Cribb	(Appointed 2nd June 2025)
M Le Coyte Grinney	(Appointed 2nd June 2025)
G Petrie	(Resigned 22nd September 2025)

Chief Executive Officer

H Sherbersky	(Resigned 21st November 2025)
R Avann	(Interim, appointed 23rd February 2026)

Company Secretary

P Santana-Reedy

Registered address

Exec 6, 7 & 8
The Causeway
Warrington
Cheshire
WA4 6PS

Charity registration number

1063639

Registered Company Number

03018026 (England and Wales)

Independent Examiner

SBCA Chartered Accountants
17 Moor Park Avenue
Preston
Lancashire
PR1 6AS

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

The Association's objectives are to benefit the public by the promotion, by all available means, of the scientific study, practice, research and teaching of family therapy and to bring together those of whatsoever professional discipline who are concerned with the care or treatment of families.

In order to achieve its objectives, the Association can:

Arrange, organise and assist in the provision of conferences, courses, webinars, debates and other meetings. Provide advice and information in the form of magazines, journals, pamphlets, podcasts and videos and utilise social media where appropriate.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2025**

STRATEGIC REPORT

Achievements and performance

The Association has continued to publish Context (the Association's magazine) six times a year and through Wiley, our academic journal (JoFT) which is now provided on a continuous production cycle.

2025 Membership of the Association was 3,039, the 2024 membership was 3,130.

There can be no doubt that 2025 was a significant milestone in the journey of our association which saw us celebrate our 50th anniversary. A number of events took place which provided reflections of the past, our formation, development and growth to where we are today. This culminated in our annual conference in Brighton which saw the largest gathering ever in the UK of Family and Systemic Practitioners.

In 2025 we made a significant change in our identity in adopting our new name of the Association for Family and Systemic Psychotherapy. Creating a stronger, focussed identity, our rebrand reflects our vision and commitment to remain the leading professional association within our community, champion their work, and make sure that the ideas of family and systemic psychotherapy have a greater influence and positive impact on all our lives.

Supporting our members remains key to our continued growth and representation within the organisations we work with. The bursary scheme continues to help members attend events such as webinars and conference where they may otherwise be unable to do so. We are also in the process of finalising a membership support package for those on parental leave or experiencing long-term absence due to ill health. In addition to this, our free student membership for those in their first foundation year continues to welcome new members to both our organisation and modality.

Our webinar programme continues to provide a high-quality programme of informative and thought-provoking events and continues to be recognised as a valuable learning resource within psychotherapeutic professions. We continue to attract providers of rich and diverse topics to ensure we deliver a first-class learning experience.

A great deal of focus has been given to the support and development of our Branch network, ensuring their identity is firmly linked with the association. Support too has been given in provided marketing and sales support for their regional programmes to help extend their presence and reach.

We were hoping to have launched our new and bespoke website and member portal by the end of 2025. It was felt, however, that a slight delay would better suit its overall operational implementation. This fantastic new resource should be launched by May 2026, and we are very excited to introduce this to our members and the world-wide audience.

Governance remains a key aspect of our current activities with the Trustees devoting a significant amount of time developing policy and structure that not only ensures we operate within the guidelines required by the Charities Commission today, but also that we build and retain strong, flexible foundations that will allow us to adapt to future needs, challenges and changes.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2025**

In the coming year, the Association will continue to publish both CONTEXT (print) and JoFT (online), organise webinars, support a number of training initiatives, monitor professional conduct and competence through a comprehensive UKCP re-accreditation process, promote the profession and encourage and support its members to gain further professional qualifications and membership services in-house.

The Association will also continue to work with other related organisations to promote and develop family and systemic practice and employment opportunities.

The Association will also introduce a new bespoke website and member portal which will serve to better educate and inform the public about Family Therapy and System Practice in addition to providing a far greater, more robust platform for members to manage their membership activities.

Financial review

The results for the year and the company's financial position at the end of the year are shown in the attached financial statements.

During the year the Charity had income of £804,015 and expenditure of £925,705.

Last year the Charity had income of £758,054 and expenditure of £702,840.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Association for Family Therapy is a company limited by guarantee, governed by its Memorandum & Articles of Association which were updated and adopted by special resolution at the EGM dated 13th March 2023. It is registered with the Charity Commission, number 1063639.

Trustees' report, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1st June 2026 and signed on the board's behalf by:

P Kaur - Chair

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

Independent examiner's report to the trustees of Association for Family and Systemic Psychotherapy Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christopher Bond FCA

SBCA Chartered Accountants
17 Moor Park Avenue
Preston
Lancashire
PR1 6AS

1st June 2026

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2025**

		31.12.25 Unrestricted funds £	31.12.24 Total funds £
INCOMING RESOURCES FROM	Notes		
Charitable income	2	669,666	572,075
Other charitable income	3	127,481	177,631
Investment income	4	<u>6,868</u>	<u>8,348</u>
Total		<u>804,015</u>	<u>758,054</u>
 EXPENDITURE ON			
Raising funds	5	347,802	304,849
Charitable activities	6		
Staff costs		351,605	319,573
Other costs		27,278	24,787
Committee costs		31,487	24,917
Premises costs		14,744	19,721
Professional fees		77,505	16,285
General administrative costs		75,284	68,991
Other		<u>-</u>	<u>(76,283)</u>
Total		<u>925,705</u>	<u>702,840</u>
 NET INCOME/(EXPENDITURE)		(121,690)	55,214
 RECONCILIATION OF FUNDS			
Total funds brought forward		<u>392,148</u>	<u>336,918</u>
 TOTAL FUNDS CARRIED FORWARD		<u>270,458</u>	<u>392,132</u>

The notes form part of these financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**STATEMENT OF FINANCIAL POSITION
31ST DECEMBER 2025**

		31.12.25	31.12.24
		Unrestricted	Total
		funds	funds
	Notes	£	£
CURRENT ASSETS			
Debtors	13	47,087	86,005
Cash at bank		<u>262,364</u>	<u>341,588</u>
		309,451	427,593
CREDITORS			
Amounts falling due within one year	14	(38,993)	(35,446)
NET CURRENT ASSETS		<u>270,458</u>	<u>392,147</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		270,458	392,147
NET ASSETS		<u>270,458</u>	<u>392,147</u>
FUNDS			
Unrestricted funds	16	<u>270,458</u>	<u>392,147</u>
TOTAL FUNDS		<u>270,458</u>	<u>392,147</u>

The notes form part of these financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**STATEMENT OF FINANCIAL POSITION - continued
31ST DECEMBER 2025**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1st June 2026 and were signed on its behalf by:

P Kaur - Chair

The notes form part of these financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31ST DECEMBER 2025**

	Notes	31.12.25 £	31.12.24 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(86,092)</u>	<u>(44,425)</u>
Net cash used in operating activities		<u>(86,092)</u>	<u>(44,425)</u>
 Cash flows from investing activities			
Interest received		<u>6,868</u>	<u>8,348</u>
Net cash provided by investing activities		<u>6,868</u>	<u>8,348</u>
Change in cash and cash equivalents in the reporting period		(79,224)	(36,077)
Cash and cash equivalents at the beginning of the reporting period		<u>341,588</u>	<u>377,665</u>
 Cash and cash equivalents at the end of the reporting period		<u>262,364</u>	<u>341,588</u>

The notes form part of these financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31ST DECEMBER 2025**

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.12.25	31.12.24
	£	£
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(121,690)	55,229
Adjustments for:		
Interest received	(6,868)	(8,348)
Decrease/(increase) in debtors	38,920	(42,820)
Increase/(decrease) in creditors	<u>3,546</u>	<u>(48,486)</u>
Net cash used in operations	<u>(86,092)</u>	<u>(44,425)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.1.25	Cash flow	At 31.12.25
	£	£	£
Net cash			
Cash at bank	<u>341,588</u>	<u>(79,224)</u>	<u>262,364</u>
	<u>341,588</u>	<u>(79,224)</u>	<u>262,364</u>
Total	<u>341,588</u>	<u>(79,224)</u>	<u>262,364</u>

The notes form part of these financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future and the company is well placed to manage its risks successfully. Accordingly, they adopt the going concern basis in preparing the annual report and accounts.

Tangible Fixed Assets

All assets with an original cost of £2,000 or less are charged to the Statement of Financial Activities in the year of purchase.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

1. ACCOUNTING POLICIES - continued

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. CHARITABLE INCOME

	31.12.25	31.12.24
	£	£
Conference Income	201,557	143,925
Registration Fees	352,884	324,958
Context Sales	3,921	1,982
Journal Publication	48,072	59,298
Webinar Sales	<u>63,232</u>	<u>41,912</u>
	<u>669,666</u>	<u>572,075</u>

3. OTHER CHARITABLE INCOME

	31.12.25	31.12.24
	£	£
Accreditations	73,010	88,265
CONTEXT Advertising & General Sales	25,034	38,174
Branch Event Income	16,691	27,599
Gift aid	12,746	23,433
Branch Donations & Bursaries	<u>-</u>	<u>160</u>
	<u>127,481</u>	<u>177,631</u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

4. INVESTMENT INCOME

	31.12.25	31.12.24
	£	£
HMRC Interest	-	1,290
Deposit account interest	6,542	7,058
Branch Interest Income	<u>326</u>	<u>-</u>
	<u>6,868</u>	<u>8,348</u>

5. RAISING FUNDS

Charitable activities

	31.12.25	31.12.24
	£	£
Publishing including IT & Office Equipment	45,982	56,946
Journal including IT & Office Equipment	103,641	92,557
Branch Event Costs	11,655	24,923
Branch Donations & Bursaries	750	-
Conference & AGM	<u>183,051</u>	<u>124,874</u>
	<u>345,079</u>	<u>299,300</u>

Other activities

	31.12.25	31.12.24
	£	£
Bad debts	<u>2,723</u>	<u>5,549</u>
Aggregate amounts	<u>347,802</u>	<u>304,849</u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

6. CHARITABLE ACTIVITIES COSTS

	Support costs (see note 7) £
Staff costs	351,605
Other costs	27,278
Committee costs	31,487
Premises costs	14,744
Professional fees	77,505
General administrative costs	<u>75,284</u>
	<u>577,903</u>

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Staff costs	351,605	-	351,605
Other costs	27,278	-	27,278
Committee costs	31,487	-	31,487
Premises costs	14,744	-	14,744
Professional fees	65,013	12,492	77,505
General administrative costs	<u>75,284</u>	<u>-</u>	<u>75,284</u>
	<u>565,411</u>	<u>12,492</u>	<u>577,903</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.25	31.12.24
	£	£
Other operating leases	<u>16,947</u>	<u>19,721</u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

9. INDEPENDENT EXAMINER'S REMUNERATION

Fees payable to the independent examiner for the independent examination of the financial statements amounted to £3,528 (2024: £3,123). Fees of £8,964 (2024: £8,033) were payable in respect of other accountancy services.

10. TRUSTEES' REMUNERATION AND BENEFITS

Trustees' expenses

During the year expenses of £8,850 were met by the charity for 8 trustees. The expenses reimbursed to the Trustees were in respect of travel, IT, stationery and other sundry expenses which were incurred to enable Trustees to attend meetings held in furtherance of the charity's work.

11. STAFF COSTS

	31.12.25	31.12.24
	£	£
Wages and salaries	304,561	275,485
Social security costs	23,962	21,193
Other pension costs	<u>23,082</u>	<u>22,895</u>
	<u>351,605</u>	<u>319,573</u>

The average monthly number of employees during the year was as follows:

	31.12.25	31.12.24
Employees	<u>10</u>	<u>10</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	31.12.25	31.12.24
£60,001 - £70,000	<u>1</u>	<u>1</u>

The key management personnel of the charity comprise the trustees, the Chief Executive Officer and the Finance Director. The total remuneration of key management personnel during the year was £67k (2024: £65k)

Redundancy and termination payments

During the year, the charity incurred termination costs of £16,538. These costs comprised contractual termination costs together with a settlement payment.

The costs were recognised within staff costs when the charity became demonstrably committed to the termination. All amounts had been settled by the balance sheet date.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

11. STAFF COSTS - continued

The payments were funded from unrestricted funds.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOMING RESOURCES FROM	
Charitable income	572,075
Other charitable income	177,631
Investment income	<u>8,348</u>
Total	<u>758,054</u>
 EXPENDITURE ON	
Raising funds	304,849
Charitable activities	
Staff costs	319,573
Other costs	24,787
Committee costs	24,917
Premises costs	19,721
Professional fees	16,285
General administrative costs	68,991
Other	<u>(76,283)</u>
Total	<u>702,840</u>
 NET INCOME	 55,214
 RECONCILIATION OF FUNDS	
Total funds brought forward	 <u>336,918</u>
 TOTAL FUNDS CARRIED FORWARD	 <u><u>392,132</u></u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.25	31.12.24
	£	£
Trade debtors	25,076	40,706
Other debtors	-	1
Prepayments and accrued income	<u>22,011</u>	<u>45,298</u>
	<u>47,087</u>	<u>86,005</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.25	31.12.24
	£	£
Trade creditors	13,274	12,980
Social security and other taxes	6,338	7,171
Other creditors	12,856	12,771
Accruals and deferred income	<u>6,525</u>	<u>2,524</u>
	<u>38,993</u>	<u>35,446</u>

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.12.25	31.12.24
	£	£
Within one year	22,032	13,374
Between one and five years	<u>17,626</u>	<u>-</u>
	<u>39,658</u>	<u>13,374</u>

16. MOVEMENT IN FUNDS

	At 1.1.25	Net movement in funds	At 31.12.25
	£	£	£
Unrestricted funds			
General fund	389,683	(121,690)	267,993
Members Guarantee Fund	<u>2,465</u>	<u>-</u>	<u>2,465</u>
	<u>392,148</u>	<u>(121,690)</u>	<u>270,458</u>
TOTAL FUNDS	<u>392,148</u>	<u>(121,690)</u>	<u>270,458</u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	804,015	(925,705)	(121,690)
TOTAL FUNDS	<u>804,015</u>	<u>(925,705)</u>	<u>(121,690)</u>

Comparatives for movement in funds

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
General fund	334,453	55,214	389,667
Members Guarantee Fund	<u>2,465</u>	<u>-</u>	<u>2,465</u>
	<u>336,918</u>	<u>55,214</u>	<u>392,132</u>
TOTAL FUNDS	<u>336,918</u>	<u>55,214</u>	<u>392,132</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	758,054	(702,840)	55,214
TOTAL FUNDS	<u>758,054</u>	<u>(702,840)</u>	<u>55,214</u>

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.24 £	Net movement in funds £	At 31.12.25 £
Unrestricted funds			
General fund	334,453	(66,476)	267,977
Members Guarantee Fund	<u>2,465</u>	<u>-</u>	<u>2,465</u>
	<u>336,918</u>	<u>(66,476)</u>	<u>270,442</u>
TOTAL FUNDS	<u>336,918</u>	<u>(66,476)</u>	<u>270,442</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,562,069	(1,628,545)	(66,476)
	<u>1,562,069</u>	<u>(1,628,545)</u>	<u>(66,476)</u>
TOTAL FUNDS	<u>1,562,069</u>	<u>(1,628,545)</u>	<u>(66,476)</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st December 2025.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2025**

18. EXCEPTIONAL ITEMS

Exceptional items for the previous year includes the introduction and recognition of funds held by regional branches that had previously been excluded from the financial statements. There is no such adjustment in the current year.

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2025**

	31.12.25 £	31.12.24 £
INCOMING RESOURCES		
Charitable income		
Conference Income	201,557	143,925
Registration Fees	352,884	324,958
Context Sales	3,921	1,982
Journal Publication	48,072	59,298
Webinar Sales	<u>63,232</u>	<u>41,912</u>
	669,666	572,075
Other charitable income		
Accreditations	73,010	88,265
CONTEXT Advertising & General Sales	25,034	38,174
Branch Event Income	16,691	27,599
Gift aid	12,746	23,433
Branch Donations & Bursaries	<u>-</u>	<u>160</u>
	127,481	177,631
Investment income		
HMRC Interest	-	1,290
Deposit account interest	6,542	7,058
Branch Interest Income	<u>326</u>	<u>-</u>
	<u>6,868</u>	<u>8,348</u>
Total incoming resources	804,015	758,054
EXPENDITURE		
Charitable Activities		
Publishing including IT & Office Equipment	45,982	56,946
Journal including IT & Office Equipment	103,641	92,557
Branch Event Costs	11,655	24,923
Branch Donations & Bursaries	750	-
Conference & AGM	<u>183,051</u>	<u>124,874</u>
	345,079	299,300

This page does not form part of the statutory financial statements

**ASSOCIATION FOR FAMILY AND SYSTEMIC
PSYCHOTHERAPY LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2025**

	31.12.25 £	31.12.24 £
Charitable Activities		
Other activities		
Bad debts	2,723	5,549
Other		
Exceptional items	-	(76,283)
Support costs		
Management		
Wages	304,561	275,485
Social security	23,962	21,193
Pensions	23,082	22,895
Rent	16,947	19,721
Insurance	1,383	3,373
Head Office Administration	13,653	18,782
Telephone	576	575
Postage and stationery	3,489	4,171
Head Office IT & Equipment	42,634	33,179
Sundries	983	1,105
Bank & Merchant Fees	7,224	4,887
Creative Initiatives	1,000	1,164
Professional Fees	62,810	5,129
Europe FTA	11,544	3,327
CRED Committee	12,001	13,520
Other Committees	7,942	8,070
Memberships & Training	27,278	24,787
Branch Sundry Expenses	4,246	1,755
Branch Bank Charges	96	-
	565,411	463,118
Governance costs		
Independent Examiner's fees	3,528	3,123
Independent Examiner's fees for other accountancy services	8,964	8,033
	12,492	11,156
Total resources expended	925,705	702,840
Net (expenditure)/income	(121,690)	55,214

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